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## The unforgettable Nida valley and traces of history

The beauty of Ponidzie fascinates both the residents and tourists. The Nida River, with its meanders and vicinal meadows, encourages the admiration of the beauty of nature while cycling, hiking or canoeing.

We can hear the unforgettable sound of cicadas here. There are nature reserves with remarkable swamp and steppe plants. One of the most interesting plant species is the dittany.

Besides the charming landscape, there are numerous places associated with historical events in Ponidzie. Archaeological discoveries have confirmed that Celtic and Germanic settlements were located in the vicinity of Pełczyska.

Pińczów, a town called the "Polish Athens", also fascinates with traces of history. It was a centre of the Reformation and humanism in this region. We can admire the Wielopolski Palace dating back to seventeenth-century and the synagogue. The Chapel of Saint Anne,



located out-of-town, is the most representative building of Pińczów.